

ESSEX
SHED
NETWORK

25% ↑

Increase in community involvement after 6 months at a Shed Project

I love talking to people, hearing their tales and sometimes we do very little woodwork but drink coffee and eat doughnuts, it's good

2/3rds

of Shedders are also volunteers in the community

"I'm a lot more cheerful and happier since I found the Shed ... it is the most useful thing I have found to overcome quite a lot of my grief."

10% ↓

Decrease in feelings of loneliness after 6 months at a Shed Project

7% ↓

Decrease in Shedders reporting low confidence

Shed by numbers

15 Men in Shed projects in Essex

30 Shed support volunteer hours per month

75 Shed development volunteers in Essex

115 Shedders in Essex

145 Number of hours Sheds are open for per month in Essex

1060 Number of Shedder hours spent in Sheds per month

